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UPPER CANADA EQUESTRIAN ASSOCIATION INC.

Make'N Trails MAY 2009 Issue 39 www.ucea-niagara.com

from the PRESIDENT

Welcome Back Spring!

I think everyone can agree that its wonderful to see the sun and double digit temperatures again... But mother nature is ever fickle and all her gifts are double-edged; because as spring returns, so does the dreaded shedding season! That's right; as the birds return, the ground and trees awaken, so the dust and hair flies!

Some horse owners, those whose horses winter over inside for the most part, are lucky enough to have horses with less winter hair; but for those of us whose horses were outside pretty much 24/7 this winter, the shedding season is bound to be slightly more annoying than normal. I've noticed myself that my gelding's coat was unusually thick and full this winter—no doubt a direct response to the sometimes frigid temps this past winter. Add to that the multiple layers of mud and you have a mass of tangled mane and clumpy dried/dusty body!

My suggestion? Find some unsuspecting 15year olds who'll do the dirty work for you!! But if you can't find any handy—or they give you that look that clearly states your on your own—try some Cowboy Magic mane & tail detangler. Your horse would thank-you if he could. For their bodies, I use a body massager brush first to break-up the dried mud (it also feels really good!!) and my trusty shedding blade with a medium to hard bristled brush to sweep it all away. Don't forget to brush softly around their eyes and ears—my guy practically melted in my hands when I started to rub around the base of his ears and forelock...his eyes closed, head dropped...he probably would've purred if he could have!

One thing to watch for when out on early spring rides is horses who find a particularly inviting spot to roll—even with you on them!! You must react quickly and be able to recognize the signs such as; lowered head, ground pawing.. If you suspect he might be THINKING of rolling---GET HIM MOVING as quick as you can. Let him know that NOW is NOT the allotted time for a mudbath—especially with you and your saddle up top. If you horse does happen to suddenly drop out from beneath you—despite your best efforts to convince him it is NOT the appropriate time for back-scratching, you'd better be quick on your feet to save your saddle. A quick snap of the reins, a yell and yes sometimes even a swift boot are required to get him back on all fours without too much damage. Then, again—get him up and get him moving-give him work to do-i.e. sidepass, figure-eights or anything to get his mind off of how incredibly nice it would be to rub his withers into that luscious lump of a mudhole. Or you may be taking a mudbath with him!!

Happy Trails!

Loretta Valstar

NEXT MEETING: Wed., May 13th, 2009

@ Bertie Clinton Insurance Merrittville Hwy & Hwy 20. 7:30 pm

Plan to attend! This meeting will discuss the upcoming Clinic and judged trail ride, Cancer ride, trail etiquette and more...

UCEA MEETINGS EVENTS & RIDES

MEETINGS

UCEA Meetings
take place the
second Wednesday of
every month at 7:30 pm.
Plan to attend
when you can!

CLINICS

Trail Clinic
May 23rd, 2009
More info to follow

RIDES

Heritage Trail
April 19th, 2009
Canal Ride
May 3rd
Shorthills Judged
Trail Ride
May 24th
Cancer Ride
June 7th
Swim Ride/Camp Over
July 18th & 19th
(tentative)
Sandaraska
August 15-17th
Sentineal's Ride
September 27th
Colour Ride
October 18th
Friendship Trail
November 8th

Heritage Trail Ride

The Heritage Trail Ride was fun for all in attendance. Two groups, one leaving from St. David's, another from Niagara-on-the-Lake, meeting in the centre for a barbecue and catching up with friends. A beautiful day, albeit a little windy. Every one had a lot of fun and enjoyed the ride. Thanks to all that helped clean up the trail and the preparations for the ride itself.



Canal Ride

Apparently another huge turn-out of riders leaving from Rob & Maria's on May 3rd. Again a beautiful day with all enjoying the ride, the food, and the friendship. A few new members were able to join the group as well. Once again thank you to all that helped cleaning the trail and a big thank you to Rob & Maria for hosting the ride.

Cancer Ride Prizes To Date

- Western Show Saddle (Port Pontiac & Horseworld Emporium)
- Blackwater Spruce Ranch -3 day cattle drive
- Bareback Saddle Pad (Reign Equestrian)
- Stephen Dominick Portrait sitting
- Magnetic Horse Blanket (The Best Bandages)
- Men's long-sleeve CINCH shirts (The Rocky Mountain Clothing Company)
- Emergency Medical Record USBs (SGMS Corp)
- Subscriptions to The Canadian Horse Journal Magazine, plus copies of the magazine for the riders
- ATD Niagara (Sign for Western Saddle)
- 2 Autographed Trail of Painted Ponies books
- Boogaloo Boots
- shirts - Misty Lane Tack
- 4 person golf lesson - Bill Ellison and more....

UCEA Trail Clinic

Saturday, May 23rd
Niagara Regional
Exhibition Grounds
11am
\$20 Members,
\$35.00 Non-members
Judged ride in the
shorthills, May 24th
leaving from Wiley Road,
11am.

NEWSLETTER DEADLINE

Content for the
next issue is due
by June 1st.
Send me your classifieds,
your photos of the rides
and any thing else
pertinent to the club.

Send to:
info@saturnstablesfstcatharines.com
or call 905-684-6030.
Thanks!

Membership

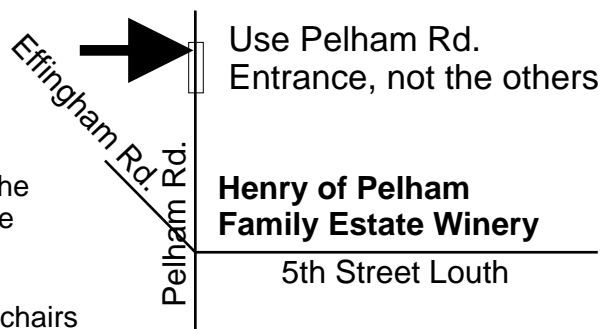
Just a reminder to renew your membership for 2009 if you haven't already done so.

We also encourage you to promote the club and encourage others that enjoy the cowboy life to join and participate. To continue to grow the club, new members are required to enhance the quality of the club, the success of the rides and the enjoyment of our trails and horses.

Cancer Ride

Henry of Pelham Winery is on the corner of Pelham Rd., & 5th Street Louth in St. Catharines. Please use the Pelham Rd., entrance only. Follow the people directing parking. Thank you.

Please remember to bring your lawn chairs and those necessary tools for cleaning up after your horse. I'm sure no one needs to be reminded of this anyway. We do want to make sure we leave the scenic grounds of the winery as we found them. The ride starts at 11am - arrive early as registration is bound to be busy. For any one wishing to drop off registration forms and pledges prior to the ride, call me at 905-684-6030 or drop in to the farm at 2783 Oille St., Saturn Stables. Thanks.



Minutes of April 8th Meeting

April 8, 2009 @ 7:34 pm Bertie & Clinton's Office

Attendees: 24 members

Executive: President: Loretta Valstar
Vice President: Sue Whitaker
Secretary: Brenda Diplock
Treasurer: Lucie Bernard
Directors: Russ Vamplew (past President)
Dave Belme

Members: Amber Gilbert Tammy Cross Richard Roy
Debi Katsmar Nancy Skotar Don Farrell
John McMahan Mark Dobrindt Victoria Whicabrod
Marge Hotte Dick Hotte Heidi Metz
Maria Clement Elaine Moore?? Maggie Williams Inge Enss Carolyn Stortz

Minutes from March 2009:

January minutes were read by Brenda. Mark advised minutes for March need to be amended, reference made to OTR should read OTRA, Ontario Trail Ride Association. Motion moved to accept the minutes by Russel Vamplew and 2nd by Dick Hotte, all in favor.

Treasurer's Report:

Lucie provided the treasurer's report. Motion moved to accept the treasurer's report by Amber Gilbert and 2nd by Maggie Williams, all in favor.

Old Business From Minutes:

Nothing from the old business.

New Business:

Marge provided an update from to the Region Meeting in regards to the Quads and Atv's. She advised they have had problems in Thorald. Riding over residents lawns, gardens destroying property. The St. Lawrence Seaway will not lease the canal property out, they would have to reopen the lease and renew with the club, and this will not be done. Signs are gone from the trail. Extra policing is an option but would be costly and the club would have to hire off duty police officers, this would be at the clubs expense. Possible replacement of signs.

Marge advised the region requires a questionnaire to be filled out. She volunteered to complete this and copy it for anyone that may want a copy. Also needs a current membership list, Lucie to provide it.

Russ made a motion for Marge to complete the questionnaire and offered to assist her if she needed help. 2nd by Mark Dobrindt, all in favor.

Maria discussed the trails available for riding in the area. She had a Bike Fit Cycling Map and wanted to know if there was one available for the horseback riding trails. Was advised no maps available.

Discussion covered the following:

Heritage Trail

4km in Fort Erie on the Friendship Trail, at Gorham Road and towards Sherkston. –

Dave Belme to look into this trail and area for riding

Beach Discussion

Welland Canal

Nancy suggested advertising our rides.

May 13th Agenda

- Minutes from April 2009
- Treasurer's Report
- Old/New Business arising from minutes
- Mail
- Trail Clinic Update
- Cancer Ride Update
- Next Month's meeting
- 50/50
- Buy/Sell/Trade

Training Tip of the Month

When your about to start a training session, know exactly what you want to accomplish that day and how you are going to achieve it. Then put your foot in the stirrup and mount up.

Russ Vamplew

Keep you head up and your heels down.

Maggie suggested to advertise in the papers under What's Happening. Debi will see what she can find out, she has contacts.

Amber to send the ride schedule to "The Rider" newspaper.

Don made a motion to have Debi reimbursed for postage costs for sending out the newsletters. 2nd by Russ, all in favor.

April 19th Clean Up Ride still needs volunteers.

Line 7-6 = Heidi

Line 5-4 = Inge

Line 4-3 = Brian Turner

Line 3-2 = Victoria

no rain date – if rain date is needed could be moved to June

Club will supply hotdogs, hamburgs & water.

Lori will contact the town to advise of the clean up and to have the garbage picked up. Victoria advised of the bikes and ATV's on the trail. Signage was discussed.

Maria was wondering if any contact number for confirmation of the ride, in case of bad weather. No contact name or number, each rider makes their own decision.

The Canal Ride for May 3, Russ had to decline hosting it. He will be out of town that weekend. Maria volunteered to have the ride at her place. Potluck, the club will provide the hotdogs, hamburgs and water. Parking will be across the rode form Maria's. Please clean up after your horses. Ride at 11 am. No rain date. Each rider to make the decision to ride or not.

Welland Canal clean up. Drag items to the road. Lori to contact the City of Port Colborne, City of Welland and the Town of Thorald to advise of the clean up and to retrieve the garbage.

Clean up assignments:

Concession 3 to Ramey's Bend – Marge & Dick

Concession 3 to Netherby Rd – Dave Belme
Netherby Rd to Townline Rd – Dave Belme
Townline Rd to ??? – Russ, Mark and John

The Clinic on May 23 is \$20 per club members and \$35 non-members – includes a membership. Russ wants to ensure someone will be there to take the registration and money. Lucie advised she would be there. The Ride on May 24 will be at the Short Hills from Wiley Road.

50/50

Won by Maggie in the amount of \$16

Buy/Sell:

Maggie:3 saddles = 16" Black, 15" Brown, 15" Synthetic
Mac Boots Size 5 - used

Inge:16.5" Steuben English Saddle

Marge & Dick:For Sale 15" Big Horn can be seen at Horsecworld asking \$300 negotiable
1947 Tractor for sale

Caroline:15" Rawhide Saddle, no tooling, square skirt

Russ:17" Billy Cook Saddle trade for a smaller 16" Billy Cook
17" Steuben Saddle, Headstall with blanket = \$500
Camcorder – not digital = \$100 negotiable

Loretta:15" trail saddle

Next meeting to be held at Bertie & Clinton on May 13, 2009 @ 7:30 pm.
Motion moved to close the meeting at 8:46 pm by Dick Hotte and 2nd by Carolyn Stortz, all in favor.



Horse Empowerment Clinic

Building Confidence Through Trust



**INSTRUCTED BY
RON DERKSEN**

July 3, 4, 5, 2009
Crystal-Ridge Community
Center
Equestrian Grounds
99 Ridge Rd South
Ridgeway ON L0S1N0

**CONTACT
RON DERKSEN**

naturalhorse@hotmail.com
or
905-382-3671



This clinic is designed to teach you how to become a better handler and a more confident rider in a fun, interesting and exciting way. Participants will learn safe ground handling skills, how to work as a team in troop maneuvers and will experience a dynamic obstacle course. Natural horsemanship and police sensory training techniques will be used. Upon completion of the course, riders will have a much better approach when dealing with the spooks and nuisances often encountered while on the trail.

The courses will be instructed by Ron Derksen. Ron is a certified mounted police instructor, a Level 3 Graduate of the Parelli Natural Horsemanship Program and a student of Walter Zeff. Ron taught at the Mobile Alabama Mardi Gras School for Mounted Police in 2008 and is experienced at training horses and riders to be calm and confident.

The course will run 2 1/2 days: Friday evening, and Saturday and Sunday all day. The cost is \$275 for participants and \$50 for auditors. Lunch is included.

NOTE: Because of the nature of this particular course, only riders who are at least competent at walk and trot will be allowed. A course for beginner riders will be offered at a later date.

VOLUNTEERS NEEDED

As with any ride or event, volunteers are needed. This year's Cancer Ride is shaping up to be quite the event. So as you can imagine volunteers are needed in many areas:

Parking
Check points
Help prior to the event
Cooking
Clean up
and more.

We will also require walkie/talkies, tables, and other paraphernalia.

If you can help in any way, please contact Debi Katsmar at 905-684-6030 or by email info@saturnstablesfstcatharines.com.

Your help is appreciated.

Also, if you can help by donating a prize for the event, it will also be appreciated.

LET'S SEE WHAT WE
CAN DO FOR
BREAST CANCER IN 2009!

UCEA's Annual Nicky Aiken Memorial Ride for Breast Cancer



June 7, 2009

This year the ride starts at 11:00 am at
Henry of Pelham Family Estate Winery
(corner of 5th St. and Pelham Road)
Trailers please use Pelham Road entrance to the winery

- scenic trail ride through the Shorthills Provincial Park
 - lots of prizes
 - Poker Ride
 - You could win the saddle shown here for raising the most money to be donated to the Breast Cancer Research and Development Fund
 - **NEW** - prize for most unique breed of horse participating in the ride
 - BBQ after the ride
- To participate a minimum \$20 donation is required.
& don't forget your lawn chairs.

To find out how you can participate, volunteer or make a contribution call Debi at **905-684-6030** or email info@saturnstablesfstcatharines.com. Pledge forms and registration forms are available at www.ucea-niagara.com

You Could
This Saddle!



A 16" Silver Supreme Western Show Saddle
Retail Value: \$1795.00
Saddle provided courtesy of



Other Prizes Include:

- \$500 Bareback saddle pad - sheepskin (Reign Equestrian & Athletics)
- \$250 Magnetic Horse Blanket (The Best Bandages)
- Shirts (Rocky Mountain Clothing Company - Denver, Co.)
- Emergency Medical Record Device (SGMS Corp. - Florida)
- Magazines & Subscriptions Canadian Horse Journal
- More Arriving Daily!

PLAN TO RIDE FOR THIS GREAT CAUSE!



Presents the Annual
Nicky Aiken Memorial Ride for Breast Cancer



June 7, 2009

This year the ride starts at 11:00 am at
Henry of Pelham Family Estate Winery
(corner of 5th St. and Pelham Road)
Trailers please use Pelham Road entrance to the winery

Registration Form

Name _____

Address _____

City _____ Postal Code _____ Phone _____

Email: _____

Vehicle License _____

Due to the large
number of entries
expected this year,
**advance registration
is encouraged.**

All monies must be turned in at the start of the ride to be counted for the awarding of prizes. In the event of a tie an impartial judge will decide the winner.

Registrations may be mailed or delivered to UCEA Cancer Ride c/o Saturn Stables, 2783 Oille St., RR1 St. Catharines, ON L2R 6P7 or fax to:905-684-3545.

Most Unique Breed Entry Yes No Breed Entering: _____

RELEASE AND INDEMNITY AGREEMENT This must be read and signed before membership is accepted. In consideration of being accepted as a member of and being permitted in the activities of the UCEA, I hereby release and forever discharge the UCEA, its officers, directors, servants, agents and representatives from any and all claims, demands, damages, costs, expenses, actions and causes of action whether in law or in equity in respect of death, injury, loss or damage to my person or property, however arising as a result of my participation or my children's participation in any UCEA program, function or activity. I understand that this release includes the release of any liability which may arise by reason of any negligence, error or omission on the part of the aforesaid. I declare that this release is binding upon me, my heirs, executors, administrators and assigns. I further undertake to hold and save harmless and agree to indemnify all the aforesaid from and against any and all liabilities incurred by any and all of these arising as a result of my children's participation in the said UCEA activities. By signing this agreement I acknowledge having read, understood and agreed to the above release and indemnity. I warrant that I am at least 18 years of age, physically fit to participate in UCEA activities and that my horse and equipment are sound and fit and suitable for the intended use in such activities. For family applications all names must be listed and signed. For applicants under 18 a parent or guardian must sign.

SIGNATURE _____ DATE _____

For office use only

Registration number _____

Amount Turned in _____ Amount Raised _____

For further information call Debi at
905-684-6030 or email

info@saturnstablesfstcatharines.com.



P.O. Box 4075
St. Catharines, ON
L2R 7S3

MEMBERSHIP FORM

Welcome from all of us at UCEA and congratulations on joining our association.

Please fill out the following form, print it out and send it to: UCEA, p.o.Box 4075, St. Catharines, Ontario L2R 7S3 with a cheque.

You have joined a group of people whose love is horses and benefit from fellowship, trail rides, vacations, information workshops, quarterly newsletters and monthly meetings and much more. PLEASE PRINT

NAME _____ Date _____

ADDRESS _____ CITY _____

POSTAL CODE _____

PHONE _____

EMAIL ADDRESS: _____

(Please Circle)----- SINGLE MEMBERSHIP \$15.00-----FAMILY MEMBERSHIP \$20.00

(Please Circle)----- NEW MEMBER? ----- OR ----- RENEWAL?

If applying for family membership please list family members:

1. _____

2. _____

3. _____

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SIGNATURE _____ DATE _____